

The power of dancing

# the mystery of intuition

Copenhagen 31/3-2/4 2017

with Birgitte Rasmussen

[www.dans5rytmer.dk](http://www.dans5rytmer.dk)



5 RHYTHMS®





## **The mystery of intuition**

Friday 31/3 at 6.30pm-9pm  
Saturday 1/4 at 11am-6pm  
Sunday 2/4 at 10.30am-4pm

**Venue:** M2Tango studio, Kapelvej  
46C, 2200 København

### **Information and registration:**

dans5rytmer@gmail.com  
Mobile: +45 26 271 471

**Prize:** 1200/1000 (if unemployed or student), there is an 'early bird' 950/750 kr, if you sign up and pay before March the 10th 2017.

**See more:** look for Facebook group '5rytmer' in Copenhagen + title or see more at my website.

## **The power of dancing into the mystery of intuition**

-We are all born 100% intuitive, Gabrielle Roth says, the creator of the 5Rhythms, and my teacher and inspiration.

How do we reclaim our intuition? To me my intuition has always been a mystery. Can I trust it? Will I ever get to know it, properly? What about other's intuition - about me? Can I trust that? Do you know these questions?

I invite you to dance into the mystery and explore the 5 threads of intuition, connected to the 5Rhythms: instinct in flow, intimacy in staccato, intention in chaos, integration in lyrical and inspiration in stillness.

We will dance with and awake our intuition to get 'more comfortable in the mystery, calm in the dark, centred in chaos, connected to the unified field and committed to fulfil our destiny.' (Gabrielle Roth, *Connections, 5threads of intuitive wisdom*)



Teacher: Birgitte Rasmussen,  
certified by Gabrielle Roth, 2008

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